

OCTOBER 2023

COUNSELING CORNER



Stormonth SEL Update

First Grade Students learning how to be an upstander when they witness bullying.



Third Grade Students discuss the effects of bullying through the crumpled paper activity.



October has been a busy month for our Stormonth students. Since October is National Bullying Prevention month many of our lessons have been centered around this topic. In the younger grades we discussed kindness and how when we treat others kindly to spread positivity and build strong friendships! They also learned about the difference between accidents, mean moments, and bullying and what it means to be an upstander. Our older students also discussed what it means to be an upstander and the impact of our actions on the school community. Our 4th graders were able to find connections with these lessons and their recent Kindness Retreat.

-Amanda Burns & Gregg Neuburg

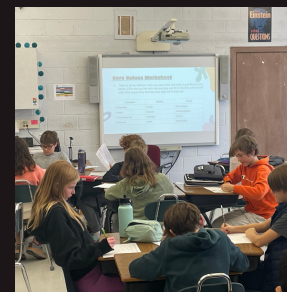
Bayside SEL Update

This month our 7th graders attended the Courage Retreat at Athlete Performance in Mequon. This is a yearly retreat that impacts 7th graders and challenges them to commit to acts of courage. Our staff is so proud of our students' active engagement and thoughtful conversations during the retreat. We are grateful to The FPBS Education Foundation for their yearly commitment to fund this impactful retreat. Mr. Neuburg worked with students this month to discuss the start of their school year and the importance of setting S.M.A.R.T (specific, measurable, attainable, relevant, and timely) goals. Along with goal setting involved a discussion and self-reflection on core values.

-Charity James & Gregg Neuburg



Fifth Grade Students setting S.M.A.R.T. Goals.



Sixth Grade Students take time to reflect on core values.



The energy and excitement was second to none during our 7th Grade Courage Retreat!

FOX POINT - BAYSIDE

Mental Health & Wellness Services & Partnerships:

[CLICK HERE](#) to learn more about:

- Clinical Psychology Associates
- Student and Family Assistance Program (SFAP)

Who we are following:



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Resource of the Month:

[Children's Mental Health -Institute of Child Psychology](#)